



## Mlango Farm Foundation Farm Visit Programs

A visit to the farm can be a simple walk around the farm - you are welcome to utilize your own lesson plans, or you can take advantage of one of the programs that we offer. All of our programs include practical activities and a guided tour of the farm. Depending on your preference, the time available for your visit, the number of children and the age of the children, we can plan a program with you. We offer the following three visit options:

### **Short School Visit 10:00-12:00hrs or 14:00-16:00hrs**

Guided tour on the farm with explanation about farming, different types of vegetables, animal care. Time to play on the farm, have your own picnic, pet and feed the farm animals. Fresh coffee/tea for adults.

Ksh 300 per person, minimum 20 people.  
For every 10 children, 1 teacher will be free of charge

### **Full Day School Visit 11:00-16:00hrs**

Welcome with coffee, tea and lemonade. Guided tour on the farm with explanation on about farming, different types of vegetables, animal care. In groups, pick some vegetables and prepare your own farm lunch. Choose one of the educational packages below. Time to play on the fields, pet and feed the farm animals.

Ksh 700 per person, minimum 20 people.  
For every 10 children, 1 teacher will be free of charge

### **Tour and Lunch Visit 11:00-16:00hrs**

Welcome with coffee, tea, lemonade and cake. A guided tour on the farm, possibility to pick your own vegetables. 3-course lunch. Time to relax and play on the fields, pet and feed the farm animals.

Ksh 2,000 per person. Minimum 15 people.

## Educational Packages

**From farm to plate:** Harvest your own vegetables from the farm and prepare healthy farmfood together with your group. Depending on the size of your group, the students will prepare vegetable peanut soup, bake their own bread on a stick, oven-vegetable-cheese-roast, healthy salad and/or a fruity dessert.

**The 5 senses:** A great program for the younger students, to understand which five senses belong to which five body parts, and to learn how they help you to discover the world around you. Fun and educational games on the farm.

**Waste and Ecobricks:** You will learn about REJECT, REDUCE, RE-USE, RECYCLE, and how to help your community by turning an environmental problem into a great solution: 'ecobricks'. Bring clean and dry plastic garbage (such as sugar packs, bread bags), and empty pet bottles.

**Healthy growing:** This gets students to examine the plant life cycle and how it relates to us: How do we plant? Learn the parts of the plant. What parts of plants do we eat? What do the students eat? Activities include making a hanging mini shamba with lettuce, tomato and/or flowers, so students can take their garden home. (Bring your own empty plastic bottle.)

**Vegetable knowledge:** do the photo challenge to test your knowledge about vegetables. Harvest some vegetables and learn about different types of vegetables and their benefits for your health.

**Bee farming:** Did you know that bees are the only insects that produce food for human consumption? If bees disappeared, humans would not survive for more than four years on earth. Honey bees are an integral part of humanity and a necessity in agriculture as pollinators. We have our own beehives where your class can learn more about the amazing bee.

If you like to have a specific lesson on topical areas/areas of interest, get in touch with us and we'll be happy to personalize your visit. We're also keen on connecting the lessons we offer at the farm with the subjects you're currently covering in the classroom.

Please inquire today by calling 0728848296 or emailing [info@mlangofarm.foundation](mailto:info@mlangofarm.foundation).

### PAYMENT & CANCELLATION POLICY

When you make a reservation, we hire extra staff and prepare a program specifically for your group. A cancellation usually means for us that we will have no income for that day, while we could have welcomed another group. Therefore we have the following cancellation policy:

Cancelling 4 days before the planned visit or earlier: no costs  
Cancelling 3 days before the planned visit: 30 % of the costs to be paid  
Cancelling 2 days before the planned visit: 50 % of the costs to be paid  
Cancelling 1 day before the planned visit: 75 % of the costs to be paid  
Cancelling on the day itself: 100% of the costs to be paid.

See for current info: [www.mlangofarm.foundation](http://www.mlangofarm.foundation)